

# D211 POST: SHS STUDENTS GET FREE HEART SCREENINGS



*Schaumburg High School senior Anthony Spadafore receives an electrocardiogram screening by volunteers with Young Hearts for Life during a screening event funded by the Joshua Jared Hardy Charities.*

More than 1,200 students at Schaumburg High School took part in cardiac screenings funded by the Joshua Jared Hardy Charities. The screenings, conducted by Young Hearts for Life (YH4L), are designed to help prevent sudden cardiac death from conditions such as Hypertrophic Cardiomyopathy.

During the screenings, 150 parent volunteers, trained and supervised by YH4L staff, administered electrocardiograms, the results of which were reviewed by a team of cardiologists.

Assistant Principal Michele Napier said the parent-volunteers helped create an efficient and smooth screening.

“Events like this are crucial to promote good health and balance for our students,” she added.

Dr. Joseph Marek, one of the cardiologists who reviewed the ECG results, said he started YH4L after learning of similar screening being conducted on athletes in Europe. He added that he chose to have tests done at junior high and high schools due to the age range for individuals at the greatest risk.



*Dr. Mohamed Sinno (left) and Dr. Joseph Marek review ECG results from screenings conducted at Schaumburg High School.*