

# DISTRICT 211 SCHOOLS EXTEND MEDIA CENTER HOURS FOR AP PREPARATION

Starting this week, District 211 schools have extended media center hours and special studying sessions to help students prepare for Advanced Placement (AP) exams. Below is a list of each school's schedule and events.

- Fremd High School will have extended hours Monday through Thursday from May 1 – May 4 and May 8 – May 11. Due to renovation work being done in the media center, the school's media center is temporarily relocated to Room 164 and will be open until 8 p.m.
- Hoffman Estates High School will also have extended hours Monday through Thursday from May 1 – May 4 and May 8 – May 11. The media center will stay open until 9 p.m.
- Conant High School will have extended hours May 1 – May 23. The media center will be open Monday through Thursday until 9 p.m.
- Palatine High School will cover different subjects each day. The schedule is as follows:
  - May 2: AP Physics 2
  - May 3: Calc AB
  - May 4: AP Biology
  - May 8: AP Calculus
  - May 9: AP World
  - May 10: AP Stats
- Schaumburg High School will also feature different subjects each day of the week. May 1 – May 12 the media center will be open from 5 p.m. to 8:30 p.m. The schedule is as follows:
  - May 2: English Literature and Composition, Physics 2: Algebra-Based, and Computer Science Principles.
  - May 3: US Government and Politics (7:00-8:30 p.m. only), Chinese Language and Culture, and AP Seminar.
  - May 4: US History, Calculus AB, Calculus BC, Biology, and Physics C: Mechanics and Electricity & Magnetism
  - May 8: French Language and Culture
  - May 9: English Language and Composition, Macroeconomics
  - May 10: Statistics

For more information about extended media center hours at each school, please contact your student's high school.

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## PALATINE, SCHAUMBURG GIRLS' VOLLEYBALL TEAMS TO COMPETE FOR ANNUAL 'SPIKE OUT CANCER' EVENT



*The girls volleyball programs from Palatine High School and Schaumburg High School are teaming up to raise funds in the fight against cancer in the community.*

The girls volleyball programs from Palatine High School and Schaumburg High School are teaming up to raise funds in the fight against cancer in the community.

The two schools will be competing in the PHS Girls' Volleyball program's 4th annual fundraising game for this year's Spike Out Cancer event, hosted by the Pirates at Palatine High School, 1111 N. Rohlwing Road, on Oct. 6.

The match will be dedicated to all the men and women who have been affected by cancer with hopes that the devastating disease will one day be cured. At 5:00 p.m., the Junior Varsity, Freshman A, and Freshman B teams will play, followed by the Varsity and Sophomore teams at 6:00 p.m.

"An unfortunate reality in today's world is that one would be hard-pressed to find anyone who's life has not in some way, shape, or form been affected by cancer," said Dan Gavin, Head Girls Volleyball Coach at Palatine. "Our program is no

different. Whether it's a parent, a grandparent, an aunt or uncle, a teacher or hall monitor, a friend, an alumni, or a teammate, all of our girls know someone who has fought or is currently fighting some form of cancer. These are people who have loved and supported all of us over the years and we see this as our opportunity to return that love and support while also playing a small part in hopefully someday finding a cure for this horrible disease."

Admission to the event is \$2 and is free for students. A bake sale, 50/50 raffle, and prize raffle will also be held. All proceeds will be donated to the American Cancer Society in the quest for a cure.

All fans are encouraged to support this event by wearing purple and cheering on the athletes together for an important cause.

For more information on the Spike Out Cancer event, please contact Colleen Lundell at [clundell@d211.org](mailto:clundell@d211.org).

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## 109 DISTRICT 211 STUDENTS EARN CERTIFIED NURSING ASSISTANT CREDENTIALS



*Hoffman Estates, Conant, and  
Schaumburg High School CNA  
students.*

Students in District 211's Certified Nursing Assistant Program have recently earned credentials that can help start their careers.

A total of 109 District 211 students, including 65 from Conant, Hoffman, and Schaumburg High Schools and 44 from Palatine and Fremd High Schools, passed the state exam to become Certified Nursing Assistants.

“The health care pathway that we have in Township High School District 211 has grown over the last five years,” said John Reyes, science teacher at Conant High School. “Since it’s inception in 2012, we have produced more than 400 certified nursing assistants. The majority of our graduates from the first year of the program have gone on to become registered nurses, physical therapy students, and medical school students. The health care pathway is a great opportunity for anyone interested in the medical field.”



*Palatine and Fremd High School CNA students.*

The dual-credit, two-semester course allows students to learn nursing skills as well as provide hands-on clinical care with real patients. By the end of the course, students will have the qualifications to become Certified Nursing Assistants upon graduation, as well as earn six college credits.

The CNA labs at both Conant and Palatine High Schools have all the basic equipment students would use in a medical setting, as well as mannequins as patients. Students are taught skills to assist patients with daily living, including assisting with brushing teeth and going to the bathroom, how to take blood pressure, and how to transfer someone who is unable to move.

During second semester, students complete clinical hours. At the end of the semester, they have the opportunity to take the Nurse Aide Competency examination and be certified by the State of Illinois as Nurse Aides.

“The students are busy updating their resumes and will seek gainful employment soon after graduation,” said Victoria Deguia, science teacher at Palatine High School. “We have had tremendous success in our program in terms of growth and certification.”

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# DISTRICT 211 SCHOOLS PARTICIPATE IN NATIONAL SCHOOL BREAKFAST WEEK



*Fremd High School Principal Kurt Tenopir (left) and Assistant Principal Eric Dolen (right) serve complimentary breakfasts during the school's Breakfast with the Principal event.*

National School Breakfast Week helps encourage and educate students about why they shouldn't skip what is considered the most important meal of the day. For many students in the country, including some in District 211, access to a proper breakfast isn't always possible.

That is why District 211 participated in National School Breakfast Week, which promotes the importance of breakfast for students.

This year, all five high schools served breakfast during lunch on Wednesday, March 9. Any students who purchased the breakfast meal for lunch received a raffle ticket for a chance to win five free breakfasts.

Fremd High School hosted its Breakfast with the Principal event on March 10. Principal Kurt Tenopir and FHS staff handed out 378 complimentary breakfast meals to students.

Schaumburg High School now offers a Grab and Go cart for breakfast in their main entrance, and on March 9 Siegie, the school's mascot, helped promote breakfast.

At District 211, both hot and cold breakfast entrees are served daily at all schools. Each school offers a minimum of seven breakfast options and approximately 1,100 breakfasts are served at school each morning. During first semester this school year, a total of 97,567 student breakfasts were served. The No.1 hot breakfast item across the district is chicken on a biscuit.

National School Breakfast Week was established in 1989 in coordination with the School Nutrition Association. It provides schools with the opportunity to highlight

and promote the importance of school breakfast. Research has shown that students who eat breakfast have improved memory, problem-solving skills, and creative abilities. School breakfast provides daily servings of fruit, whole grains, and low fat and fat free milk as well as meeting federal nutrition guidelines based on the Dietary Guidelines for Americans.

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## 37 DISTRICT 211 STUDENTS NAMED 2016 FINALISTS IN NATIONAL MERIT SCHOLARSHIP COMPETITION



Township High School District 211 has 37 students

that were named finalists in the 2016 National Merit Scholarship Competition. Judges will determine winners based on which finalists have the strongest combination of academic skills and achievements, extracurricular accomplishments, and potential for success in rigorous college studies. Roughly half of all finalists in the nation will be awarded scholarships.

Conant High School

Shriram Chennakesavalu

Haricharan Cheruvu

Armaan Goyal

Jonathan Meir

Nikhil Modak

Anna Styrzcula

Lisa Yang

Fremd High School

Julia Cai

Amy Chen

Daniel Classon

Melinda Coleman

Chloe David

James Feng

Bissem Singh Gill

Jiamin Huang

Abigail Iuorio

Chiranth Kishore

Eshwar Kishore

Alexander Lloyd Knox

Shijie Li

Jessica Lu

Rohan Menon

Ann Rajan

Varshini Ramanathan

Kevin Stevens

Anusha Thotakura

Daniel Tokarz

Daniel Xu

Nathan Xu

Xuemeng Yin

Annie Zheng

Schaumburg High School

Srinivas Cherukuri

Palatine High School

Kyle Jannak-Huang

Ryan Jannak-Huang

Bryan Lu

Hoffman Estates High School

Shreyas Gandlur

Tara Ramanathan

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## DISTRICT 211 JAZZ BANDS FIND SUCCESS AT NORTSHORE JAZZ FESTIVAL



*In all of Fremd's performances, the three ensembles received outstanding clinics from the jazz clinicians, which consisted of both collegiate and high school jazz*



District 211 bands were well represented at a recent jazz festival.

The Fremd High School Jazz Ensemble, Jazz Combo, and Jazz Lab Band recently performed at the 39<sup>th</sup> Annual North Shore Jazz Festival at Glenbrook South High School. Additionally, top jazz bands from Palatine, Conant, and Schaumburg High Schools received "Division 1/Superior" ratings.

"We are very proud of our three ensembles that performed at the Northshore Jazz Festival," said Matthew Moore, band director at Fremd High School. "The students in our Jazz Ensemble, Jazz Lab Band, and Jazz Combo worked hard to prepare a wide variety of jazz music and styles."



*The Fremd High School Jazz Ensemble, Jazz Combo, and Jazz Lab Band recently performed at the 39th Annual North Shore Jazz Festival at Glenbrook South High School. Photo FHS Band Department*

Fremd's Jazz Lab Band, which is directed by Jeremy Figlewicz and Sam Simpson, received three straight "Division 1/Superior" ratings in the second jazz band division. Additionally, the Jazz Lab Band tied for first place out of 12 total schools in the second jazz band division. The Jazz Combo, directed by Simpson, also received straight "Division 1/Superior" ratings in their category.

In all of Fremd's performances, the three ensembles received outstanding clinics from the jazz clinicians, which consisted of both collegiate and high school jazz educators.

"Performing at jazz festivals are always very worthwhile due to musical education that the students gain from preparing the music, as well as what they learn from the clinicians," said Moore.

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# FOUR DISTRICT 211 SCHOOLS HOST BREAKFAST WITH THE PRINCIPAL

To stress the importance of eating a well-balanced breakfast, four District 211 schools participated in an event that offers a free meal to students.

Hoffman Estates, Conant, Palatine, and Schaumburg High Schools hosted Breakfast with the Principal, an event where students receive a free, nutritious breakfast to familiarize students with the school's morning offerings, as well as provide them with a balanced start to their day. Fremd High School hosts a Breakfast with the Principal in the spring during National School Breakfast Week.

Mary O'Connor, director of Food Service at District 211, said that on an average day roughly 100 to 400 breakfasts are served depending on the school. During Breakfast with the Principal, each school serves roughly 500 free breakfasts in one day. While each school does the event in its own way, generally the principal and administrators work on the serving lines to connect with their students.

"Breakfast is the most important meal of the day and provides our students with nutrients and energy," O'Connor said. "Research has shown that breakfast leads to increased concentration in the classroom, as well as performing better on tests."

National School Breakfast Week will take place March 7 through March 11 in 2016.



*Palatine High School students participate in Breakfast with the Principal.*



*Palatine High School Principal Gary Steiger mingles with students during Breakfast with the Principal.*



*Hoffman Estates High School Principal Jim Britton serves breakfast to students during the annual Breakfast with the Principal event.*



*Students at Hoffman Estates High School participate in Breakfast with the Principal.*



*Administrators and Conant High School Principal Julie Nowak (center) serve breakfast to students for Breakfast with the Principal.*



*Administrators serve breakfast to students at Conant High School.*



*Schaumburg High School students receive free breakfast during the annual Breakfast with the Principal event.*



*Students at Schaumburg High School receive a well-balanced breakfast during Breakfast with the Principal.*